

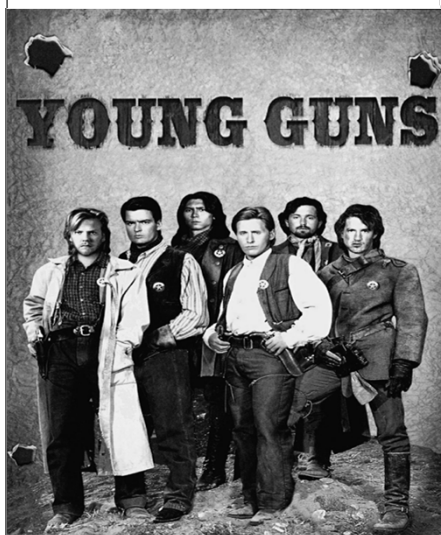
Regulators: Mount Up

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HOW A STATE INSURANCE DEPARTMENT ENSURES COMPLIANCE WITH MANAGED CARE PLANS.

What is a Regulator?

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Overview

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- **WHAT DOES A NETWORK ADEQUACY REVIEW FOR A MANAGED CARE PLAN ENTAIL?**
- **WHAT ARE SOME DO'S AND DON'TS WHEN SUBMITTING A NETWORK ADEQUACY PLAN FOR REVIEW?**
- **WHAT IS THE PERSPECTIVE OF A STATE AGENCY REGULATOR ON ENSURING MANAGED CARE PLAN COMPLIANCE?**

What is a Network Adequacy?

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- A health carrier providing a managed care plan shall maintain a network that is sufficient in numbers and types of participating providers to assure that all services to covered persons will be accessible without unreasonable delay.
- A health plan's network is adequate when it provides efficient access to care.

What does a Network Adequacy review for a Managed Care Plan entail?

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- Annual review of Managed Care Plans offered in a State.
- Ensuring the adequacy, accessibility and quality of health care services.
- Determining if a health carrier is within compliance of state and federal regulations.
- Enforcing compliance through network adequacy laws or regulations.

Why is a Network Adequacy review important?

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- Helps protect consumers
- Establishes compliance among health carriers.
- Creates transparency
- Reduces unnecessary costs

What are some Do's and Don'ts for filing an access plan for Network Adequacy review and the potential results?

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Examples:

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DO

- ✓ Timely submission
- ✓ Adequate information
- ✓ Reader friendly
- ✓ Submit electronically
- ✓ Communication with department

DON'T

- × Failure to respond to objection letters
- × Large hardcopy documents
- × Failure to proofread
- × Missing items attachments

What is the view point of a State Agency regulator when ensuring Managed Care Compliance?

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- ❑ Crucial responsibility
- ❑ Consumer Protection
- ❑ Balance billing
- ❑ Adequate monitoring and enforcement mechanisms
- ❑ Adequate agency resources
- ❑ Establishing effective communication
- ❑ The future of healthcare

Regulatory Standards
Risks
Protection Governance
COMPLIANCE
Business Regulations
Practices Requirements Policy
Laws Manage Control
Transparency

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- ❑ Protecting the consumer.
- ❑ Overseeing network adequacy.
- ❑ Ensuring compliance with state and federal laws or regulations.
- ❑ Collect data and access networks.



What does it mean to be a state agency regulator?

Final Thoughts

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RECOMMENDATIONS

Mississippi Insurance Department

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