

# CMS Update

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## Today's Presentation

- COVID-19 Response
- Patients over Paperwork
- Interoperability & MyHealthEData
- Program Integrity

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## COVID-19 Response: Challenge and Goals

Challenge	Goals
<ul style="list-style-type: none"> <li>• Surge of COVID-19 overwhelming local hospitals and the healthcare system</li> <li>• Rapid transmission of a virulent virus</li> </ul>	<ul style="list-style-type: none"> <li>• Increase telehealth</li> <li>• Augment health system workforce</li> <li>• Expand hospital and health system capacity</li> <li>• Give temporary relief from many paperwork, reporting, and audit requirements to focus on providing needed health care</li> </ul>

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## COVID-19 Public Health Emergency

- President's declaration of a public health emergency (PHE) on March 13 empowered HHS to authorize CMS to provide unprecedented flexibility for certain Medicare, Medicaid, and CHIP program requirements
- Blanket waivers allow providers to not have to apply for individual waivers under section 1135 of the Social Security Act
- 1135 waivers apply to federal requirements only, not those established by states, and are retroactive to March 1, 2020
- CMS also issued two regulations to provide further flexibility to health systems

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## COVID-19 Waivers

Total Number of Medicare Blanket Waivers: **Over 130**

<https://www.cms.gov/files/document/summary-covid-19-emergency-declaration-waivers.pdf>

Total Number of State 1135, 1115, Disaster SPA, and IT Funding Request Approvals: **Over 150**

<https://www.medicaid.gov/resources-for-states/disaster-response-toolkit/coronavirus-disease-2019-covid-19/index.html>

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## Telehealth

- CMS is expanding access to health care services via telehealth to ensure continuity of care and reduce risk of transmission
- Starting March 6, Medicare can pay for telemedicine services from a broad range of providers
- Three main types of services: telehealth visits, virtual check-ins, e-visits
- 135 new CPT codes added to the Medicare telehealth services list and 89 of those are authorized to be furnished via audio-only devices
- Expanded benefit available to beneficiaries in all areas (not just rural)

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## COVID-19 Interim Final Rules

- CMS provided relief to a wide and unprecedented range of regulatory requirements to maximize the health system's preparedness in weeks when normally, rulemaking takes at least a year
- Key elements of the first interim final rule with comment (IFC):
  - Provided many provider types flexibility to use telecommunications technology to visit and monitor Medicare beneficiaries
  - New payments for laboratories to collect specimens from homebound patients and inpatients (not in a hospital) for COVID-19 testing
  - Expansion of Part B ambulance coverage for the transport of patients to all facility destinations, such as community mental health centers and FQHCs

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## COVID-19 Interim Final Rules (cont'd)

- Key elements of the second interim final rule with comment (IFC):
  - Established Medicare coverage for serology (antibody) tests
  - Established separate payment to hospital outpatient departments and physician practices to collect lab samples. Medicare will also pay pharmacies who are enrolled as labs to perform tests for beneficiaries.
  - Further expanded access to telehealth services available for Medicare beneficiaries, including by lifting restrictions on the type of clinical practitioners that can furnish telehealth services
  - Helped hospitals increase their supply of beds to manage a surge of COVID-19 patients while maintaining stable, predictable Medicare payments

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## Healthcare Workforce Augmentation

- CMS cut red tape so health professionals can spend more time with patients and practice to the fullest extent of their licensure and training
- More nursing home clinicians can now perform certain medical exams for Medicare patients
- Occupational therapists from home health agencies can perform initial assessments on certain homebound patients
- Teaching physicians can provide supervision to medical residents using audio-visual technology

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## Hospital Without Walls

- CMS took numerous actions to allow hospitals to expand capacity and operate spaces more fluidly to keep COVID-positive and COVID-negative patients separated
- Steps include: allowing non-hospital space to be temporarily used, waiving distance and bed requirements for CAH hospitals
- CMS waived enforcement of part of EMTALA to permit off-site screening locations for potentially COVID-positive patients
- CMS announced flexibilities to relax paperwork and reporting requirements

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## Provider Enrollment and Burden Relief

- In order to sufficiently expand provider capacity, CMS waived certain Medicare Fee-For-Service paperwork, reporting, and audit requirements
- New toll-free hotlines for providers and suppliers to work with MACs to quickly navigate enrollment process
- CMS allowed Medicare-enrolled providers to practice across state lines more easily

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## Using COVID-19 Data in Operations

- CMS is using administrative claims and encounter data to track the utilization of healthcare services related to COVID-19 in the Medicare and Medicaid programs and monitor the effects of the outbreak on program utilization
- CMS is also collaborating with CDC to collect and release nursing home COVID-19 cases and deaths to improve public health responses and inform the public

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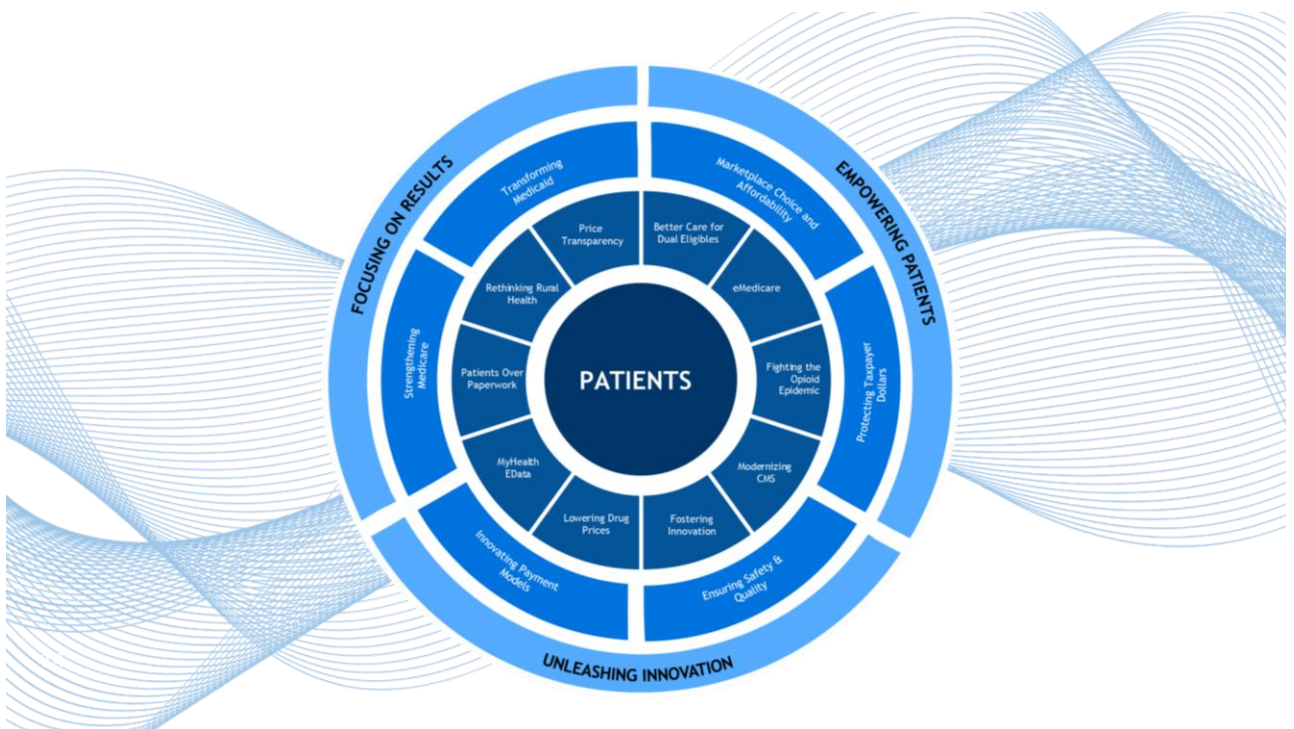
## Using COVID-19 Data for Program Integrity

- CMS is in the process of analyzing the COVID-19 waivers and flexibilities to identify program integrity risks and develop monitoring strategies
- CMS is collaborating with stakeholders to inform beneficiaries about scams and potentially fraudulent activities

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# PATIENTS OVER PAPERWORK

- Overview
- Stakeholder Engagement
- Documentation Requirements  
Look-up Service (DRLS)
- Prior Authorization



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## Four Major Aspirations

Overarching goal: Increase provider-patient face time and satisfaction by

- Reducing unnecessary burden
- Increasing efficiencies
- Improving beneficiary experience
- Improving clinician and provider experience



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# Overall Impact of Burden Reduction



## Highlights of this impact include:

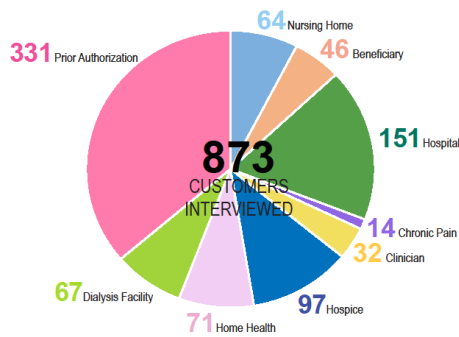
- ★ Roughly 220,000 hours of work saved by Skilled Nursing Facility providers due to revised Advanced Beneficiary Notice
- ★ Teaching physicians now able to rely on and verify med student documentation for E/M
- ★ The September, 2019 Omnibus Final Rule is estimated to save 4.4 million burden hours and \$800 million, annually

\*through 2021



# We use human-centered design to explore burdens and spend time at the “front line”

## Patients over Paperwork On-site Engagements



**199** SME INTERVIEWS

CCSQ • CM • CPI • CMCS • CMMI • OC • OHI • OMH • OFM • FOHCO • CISPS • OPOLE • HHS • NIH • CDC • ONC • SMP/SHIP • MAC • Veterans Affairs • Private Payer • Independent Consultant • Association • Vendor • Academic Institution • Health Plan • Pharmacy • Foundation • Standards Organization • Supplier

**102** LISTENING SESSIONS

**56** SITE VISITS & OBSERVATIONS

**1,437** People Reached via Event-in-a-Box

**233** Staff in All CMS Locations

**46** States **2** Territories in 10 Regional Locations

**15,065** Data 4,249 RFI & 10,816 Stakeholder Comments

Data as of 2/13/2020

## Our top priorities are taking shape while 2019 RFI comment analysis continues

Prior authorization

Beneficiaries with chronic pain

Eligibility and enrollment for dually eligible beneficiaries

Documentation requirements accessibility (look-up service)

### INPUTS

- Total RFI Comments Reviewed: 568
- Total Unique Commenters:
  - 515 Commenters providing unique RFI responses
  - 108 Commenters providing high-volume (form letter) submissions

### OUTPUTS

- Total Burden Content extracted:
  - Unique RFI Responses: 2,886 Burden Mentions
  - High Volume (Form Letter) Submissions: 707 Burden Mentions
- Stakeholder Categorization: 12 Stakeholder Types
- Burden Categorization: 17 Burden Themes

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## Among Top Burden Areas

### Prior Authorization

*“I hate to say it, but...prior authorization is unseating electronic health records as the top source of burden for clinicians and providers...”*

*- Medical community stakeholder*

### Documentation Requirements

*“...even if you can find the instructions, there is no guarantee that it is right”*

*“From a physician standpoint, I want to know what I need to do while the patient is here.”*

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## Most requirements are online – but today still in too many places and too hard to find

- Multiple places to get information
- Multiple files on CMS web sites
- Multiple publications
- Multiple coding instructions
- Multiple NCDs, LCDs, LCAs
- Multiple instructions on how to document

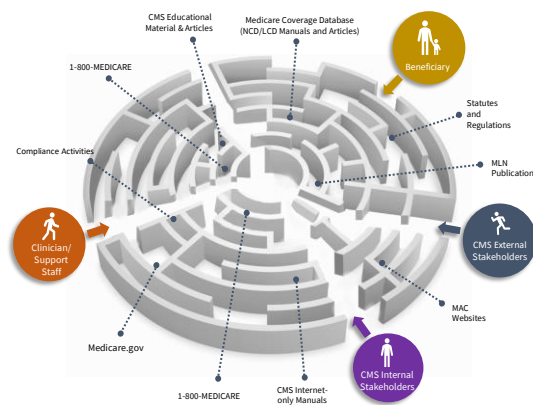


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## Information maze has unintended consequences



### This contributes to:

- Clinician burden / burnout
- CMS burden and rework
- Inconsistent requirements
- Delayed services to beneficiaries
- Errors in claims processing
- Increased improper payments
- Barriers to interoperability
- Customer dissatisfaction

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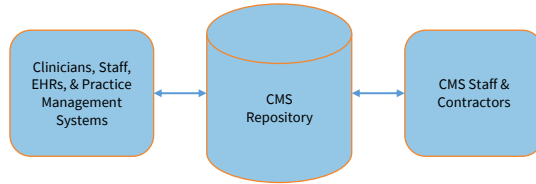


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## Where we want to go

CMS requirements stored in a common repository that contains information that is:

- Reliable, trusted
- Right content for context, complete
- Easy to search
- Easy to understand
- Truly needed
- Available real time, directly or system-to-system, internally and externally



Exploring:

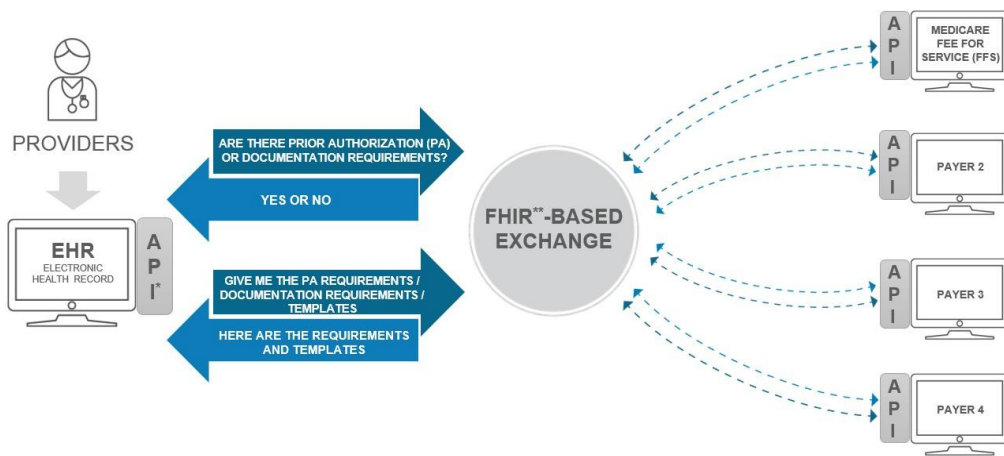
- Standards
- Content management
- Governance
- Stakeholder needs and experience

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## How will DRLS work for providers?

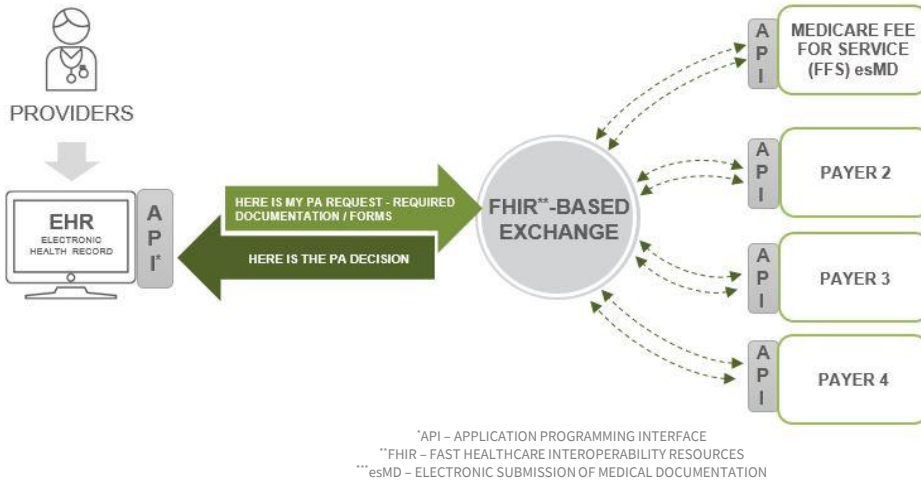


\*API – APPLICATION PROGRAMMING INTERFACE  
 \*\*FHIR – FAST HEALTHCARE INTEROPERABILITY RESOURCES

[go.cms.gov/MedicareRequirementsLookup](https://go.cms.gov/MedicareRequirementsLookup)

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## How does ePrior Auth build on the DRLS?



[go.cms.gov/MedicareRequirementsLookup](https://go.cms.gov/MedicareRequirementsLookup)

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my  
health  
data

- Blue Button 2.0
- Interoperability and Patient Access Final Rule



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## MyHealthEData

- Administration-wide initiative to unleash data to empower patients by giving them control of their healthcare information and allowing it to follow them throughout their healthcare journey
- CMS is taking steps to ensure patients have unencumbered access to their health information, in a format that is practical, useable and easily shared
- Seamless data sharing will increase efficiency and patient safety while reducing cost

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## MyHealthEData

- With Blue Button 2.0, nearly 3,400 developers are building user-friendly apps to help beneficiaries understand and access their data and 57 organizations with applications in production
- Learn more: [developers](#) and [beneficiaries](#)
- Overhaul of Meaningful Use program and requirement for clinicians and hospitals to adopt the 2015 edition of certified EHR technology (CEHRT)

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## Interoperability & Patient Access Final Rule

- All payers doing business in Medicare Advantage, Medicaid, CHIP and through the federal exchanges are required to share health claims data and other important information with patients electronically via a FHIR-based API
- A payer may ask third-party application developers to attest to certain privacy provisions that can help keep a patient's data private and secure
- CMS-regulated payers are required to make provider directory information publicly available via a standards-based API

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## Interoperability & Patient Access Final Rule (cont'd)

- A patient's health information should follow a patient as they move from payer to payer, creating a longitudinal health record for the patient at their current plan
- Publicly identify doctors, hospitals, and other providers who engage in information blocking
- Require that all hospitals send electronic notifications to designated health care providers when their patients are admitted, discharged, or transferred from the hospital

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## Interoperability & Patient Access Final Rule (cont'd)

- Publicly report those providers who do not have digital contact information included or updated in the National Plan and Provider Enumeration System (NPPES)
- Improve the dually eligible experience by increasing the frequency of federal-state data exchanges

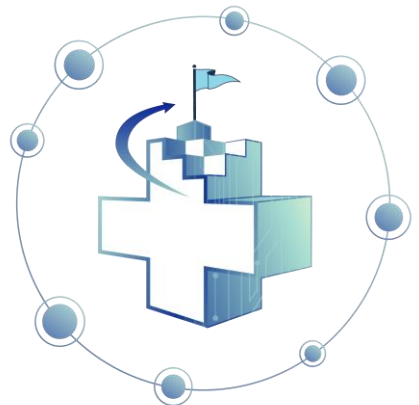
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## Rule Resources

- <https://www.cms.gov/Regulations-and-Guidance/Guidance/Interoperability/index>
- [CMSHealthInformaticsOffice@cms.hhs.gov](mailto:CMSHealthInformaticsOffice@cms.hhs.gov)



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## Program Integrity Focus Areas

- Enrollment compliance initiatives
- Medicare Advantage & Part D efforts
- Enhance Medicaid oversight

PROTECTING  
TAXPAYER DOLLARS

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## Program Integrity Focus Areas



CMS's program integrity activities, including both the prevention and recovery of improper payments, saved Medicare an estimated

**\$12 billion**

in FY 2018.

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## Enrollment Compliance Initiatives

### **Provider Enrollment is the gateway to the Medicare and Medicaid programs and the provider's first interaction with CMS:**

- Oversees the Medicare Administrative Contractors (MAC)
- Collaborates with states to leverage Medicare provider information for Medicaid enrollments
- Oversees and develops Medicare provider enrollment and screening systems
- Analyzes and implements Medicare administrative actions such as denials, revocations and deactivations

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## Enhancements to the Provider Enrollment Process (CMS-6058-FC)

### **CMS published a first-of-its-kind final rule on September 10, 2019:**

- Applies proactive methods to keep unscrupulous providers and suppliers out of Medicare and Medicaid from the outset
- Enhances our ability to more promptly identify and act on instances of improper behavior
- Moves CMS forward in the longstanding fight to end “pay and chase”
- Hardens the target to criminals who would steal from our programs
- Ensures only providers and suppliers with an unfavorable affiliation will face additional burdens

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This rule brings a new era of smart, effective, proactive and risk-based tools designed to protect the integrity of these vitally important federal healthcare programs we rely on every day to care for millions of Americans



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## Enhancements to the Provider Enrollment Process (CMS-6058-FC)

### This rule provides new tools to strengthen our program integrity efforts:

- **5 NEW Revocation/Denial Authorities**
  - Including affiliations-based revocation authority that allows CMS to deny providers with problematic affiliations upfront, and revoke “bad actors” with problematic affiliations already in the program
- **EXPANDED Revocation and Denial Authorities**
  - Can now revoke from Medicare if ANY Federal health care program terminates (TRICARE and VA Healthcare System)
  - Can extend revocation of one enrollment to ANY and ALL of provider or supplier’s other enrollments (used for egregious behavior)
- **Expanded Re-enrollment and Re-application Bar Provisions**
  - Blocks fraudulent or otherwise problematic providers and suppliers from re-enrolling in Medicare for up to 10 years (previously 3 years)
  - Allows for a maximum 20 year Medicare re-enrollment bar for those providers who have been revoked a second time.

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## Proposed Changes to MA and Part D

### CMS continues to work to modernize the Medicare Advantage and Part D programs

- Strengthening collaboration and oversight of Part C and D programs through the implementation of the Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities Act (the SUPPORT Act)
- Addressing overutilization of opioid prescribing through outreach and education
  - CMS sent 600+ letters in January 2020 to prescribers of concurrent opioid and benzodiazepine medications comparing them to their peers, defines as those within the same specialty and State
  - This effort is included under SUPPORT Act, Sec. 6065 and is part of our data driven efforts to combat the nation’s opioid crisis
- Risk Adjustment Data Validation (RADV) audits and recovery of improper payments
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  - Started payment year 2014 and 2015 contract level audits in fiscal year 2019
  - Reduce the burden on audited plans while expanding the reach of the audits to more plans
  - Comments to RADV provision received by August 28, 2019 are being reviewed to inform future rule-making

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## Program Integrity: Medicaid Strategy

- Oversight Activities:
  - New audits of state beneficiary eligibility determinations
  - Audits of Medicaid managed care Medical Loss Ratio (MLR)
  - Review and assist states with the development of Payment Error Rate Measurement (PERM) Correction Action Plans (CAP) to address the state-specific drivers of improper payments
  - Provide guidance, support, and oversight to states while they conduct Medicaid Eligibility Quality Control (MEQC) pilots and establish CAPs
- Optimize PI use of T-MSIS data, conduct data analytics pilots with states, and improve state access to data sources that are useful for PI
- Collaborate with states to ensure compliance with the Medicaid managed care final rule and implementation of PI safeguards

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# Thank you!

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